



Where can I
find a safe place
to stay for me
and my kids?

 **Ask Izzy**
askizzy.org.au

One website, thousands
of support services in
your back pocket.



I don't feel
safe at home.
Where can I
get help?

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I can't pay
my bills or
rent. Who
can help?

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Where can
I get food,
clothes and
toiletries?



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